

*Look in  
the mirror*

*Look, Listen, Learn.*

# Your competition

A photograph of two swimmers in the ocean. The swimmer in the foreground is wearing a red cap and goggles, and is captured in a dynamic stroke with water splashing around their head and arms. The swimmer in the background is wearing a blue cap and goggles. The water is a deep blue-green color, and the sky is bright and slightly hazy.

## COMPETITION

*Noun: Competition*

- 1. The activity or condition of striving to gain or win something by defeating or establishing superiority over others.*

*“There is fierce competition between banks”*

*Similar: rivalry, competitiveness, vying, contesting*

- 2. An event or contest in which people take part in order to establish superiority or supremacy in a particular area.*

*“A beauty competition”*

*Similar: contest, tournament, match.*

# Your teacher

## TEACHER

*Noun: teacher; plural noun: teachers*

*1. A person who teaches or instructs, especially in a school.*

*“A history teacher”*

*Similar: educator, tutor, instructor, pedagogue, schoolteacher, trainer, schoolmaster, guru, coach.*





# Your thoughts

## THOUGHT

*Noun: thought; plural noun: thoughts*

1. *An idea or opinion produced by thinking, or occurring suddenly in the mind.*

*“Maggie had a sudden thought”*

*Similar: idea, notion, line of thinking, belief, concept.*

2. *The action or process of thinking.*

*“Sophie sat deep in thought”*

*Similar: thinking, reasoning, contemplation, musing, pondering*



# Your Behaviour

A young child with blonde hair, wearing a white dress with pink and yellow floral patterns, is captured mid-jump in a body of water. The child's mouth is wide open in a joyful expression. Two large, adult hands are visible at the top of the frame, one on each side, holding the child's hands and lifting them into the air. The background is a bright, slightly blurred outdoor setting, possibly a beach or a park, with a clear sky and a body of water.

## BEHAVIOUR

*Noun: behaviour; plural noun: behaviours*

*1. The way in which one acts or conducts oneself, especially towards others.*

*“He will vouch for her good behaviour”*

*Similar: conduct, etiquette, actions.*

*2. The way in which a person or animal behaves in response to a particular situation or stimulus.*

*“The feeding behaviour of predators”*

# Your future

## FUTURE

*Noun: future; noun: the future; plural noun: futures*

*1. A period of time following the moment of speaking or writing; time regarded as still to come.*

*“We plan on getting married in the near future”*

*Similar: time to come, time ahead, what lay/lies ahead, coming times.*

*2. At a later time; going or likely to happen or exist.*

*“The needs of future generations”*

*Similar: later, following, ensuing*





# Your vision

## VISION

*Noun: vision; plural noun: visions*

*1. The faculty or state of being able to see.*

*“She had defective vision”*

*Similar: eyesight, sight.*

*2. The ability to think about or plan the future with imagination or wisdom.*

*“The organization had lost its vision and direction”*

*Similar: imagination, creativity.*

*3. An experience of seeing someone or something in a dream or trance, or as a supernatural apparition.*

*“The idea came to him in a vision”*

*Similar: apparition, spectre, phantom.*



# Your dreams

## DREAM

*Noun: dream; plural noun: dreams*

*1. A series of thoughts, images, and sensations occurring in a person's mind during sleep.*

*"I had a recurrent dream about falling from great heights."*

*Similar: fantasy, nightmare, vision.*

*2. A cherished aspiration, ambition, or ideal.*

*"I fulfilled a childhood dream when I became champion"*

*Similar: ambition, aspiration, hope, goal.*





# Your hopes

## HOPE

*Noun: hope; plural noun: hopes*

1. *A feeling of expectation and desire for a particular thing to happen.*

*“He looked through her belongings in the hope of coming across some information”*

*Similar: aspiration, desire, wish.*

2. *A feeling of trust.*

*“Our private friendship, upon hope and affiance whereof, I presume to be your petitioner”*

*Similar: hopefulness, optimism, expectation.*



# Your wishes

A young child with red hair is shown in profile, blowing a dandelion seed head. The child is wearing a light blue shirt. The background is a field of dandelions in bloom, with a warm, golden light filtering through the scene, creating a soft, dreamy atmosphere. The dandelion seeds are captured in mid-air, appearing as a cloud of tiny white specks.

## WISH

*Noun: wish; plural noun: wishes*

1. *Feel or express a strong desire or hope for something that cannot or probably will not happen.*

*“We wished for peace”*

*Similar: desire, want.*

2. *Want to do something*

*“They wish to become involved”*

*Similar: want, desire.*

3. *An invocation or recitation of a hope or desire.*

*“He makes a wish”*

4. *An expression of a hope for someone’s success, happiness, or welfare.*

*“The Queen had sent her best wishes for a speedy recovery”*

# Your ambition

## AMBITION

*Noun: ambition; plural noun: ambitions*

*1. A strong desire to do or achieve something  
"Her ambition was to become a pilot"*

*Similar: aspiration, intention, goal.*

*2. Desire and determination to achieve success.  
"Young men and women with ambition"*

*Similar: drive, determination, desire.*







*Can you...*

*Listen?*

*Accept?*

*Understand?*

*Be genuine?*

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