

OUTDOOR TRAINING RISK ASSESSMENT LOG

School Name:	Exeter Martial Arts
Place of Training:	St Wilfrids School Playground
Risk Assessor:	Dr H Catterick
Date:	29-Jul-20

	Description of Hazard	Consequence of Hazard	Persons at Risk	Likelihood	Severity	Risk (Level x Severity)	REMOVE - How can the risk/hazard be removed completely	REDUCE - If you can't remove then how can the risk/hazard be reduced	CONTROL - If you can't reduce then how can the risk/hazard be adequately controlled
1	Trips, slips and falls	Mild injury	Instructors/ Students	1	1	1	All students to wear appropriate outdoor training footwear/clothing	Instructor to check training surfaces and ensure that lesson plan/ is appropriate and doesn't require people to fall/ trip.	Instructor to have first aid kit to deal with injuries and phone (if necessary) all out of bound areas identified.
2	Incurs sunburn	Mild injury	Instructors/ Students	1	1	1		Advise students to wear sun block	
3	Heat and de-hydration	Mild injury	Instructors/ Students	1	1	1	All students asked to bring their own water to rehydrate. Coaches to allow water breaks as needed.		

4	Insect bite	Mild injury	Instructors/ Students	1	1	1		Students to wear their own insect repellent if they like, however we are not expecting any insect bites as training will be in a school playground and no water sources or known insect problems locally	
5	Wildlife allergens	Mild injury	Instructors/ Students	1	1	1	All students asked to take personal medicinal precautions re hayfever before coming to class		
6	COVID-19 cross contamination during a class	Serious illness/sickness	Instructor/ Students/	1	1	1	All students will be asked before they book a class whether they have COVID 19 or if they are waiting for test result or have been in contact with an infected person. If they have they wont be allowed to book a class/ train.	All techniques will be taught and trained in a socially distance manner with individuals remaining a minimum of 2m apart outside. All students to wear fresh clean clothes for the training session.	All students can wear mask if they choose. However as with the government guidleines this is not a requisite by EMA

7	COVID-19 cross contamination in a class	Serious illness/sickness	Instructor/Students/	1	1	1			We are following the latest government guidellines which state a maximum of 30 people training in an outdoor class.
8	COVID-19 cross contamination between classes	Serious illness/sickness	Instructor/Students/	1	1	1			Class time will be shortened to 45min to allow a 15min changeover so students attending different classes do not mix.

Name of School owner

Dr R Catterick

Signature of School owner

Dr R Catterick

Date:

01/08/20

Key

Likelihood of occurance (1 = very low, 5 = very high)

Severity (1 = very low, 5 = very high)