



The Mill Oak

STARTERS

Soup of the Day ~ £6.95
gluten free option available

Prawn Cocktail ~ £8.25
gluten free option available

Sweet Chilli Squid Bites ~ £7.25

Panko Breaded Chicken Goujons ~ £7

Sweet Potato Falafel Bites ~ £6.50

Spinach & Feta Samosas ~ £6.50

Nachos ~ £7.50 g/f

Beef Chilli Nachos ~ £9.50 g/f

Topped with salsa, cheese, guacamole, jalapenos & sour cream

**All meals are freshly cooked to order, so at busy times
there may be a little wait**

**If you have any dietary requirements please ask a member
of the team, who will be happy to assist you in your menu choices**

Please to see the daily specials board

PUB CLASSICS

Chicken Melt ~ £16.25

Tender chicken breast topped with bacon, smothered in cheese and covered in a sticky bbq sauce, steak chips, dressed mixed salad & coleslaw
Gluten free option available

Hand Carved Ham & Free Range Eggs ~ £14.50 or £11.25

With steak chips
gluten free

Traditional Beef Lasagne ~ £14.95 or £12.50

With dressed mixed salad, garlic bread & homemade coleslaw

Medium Chicken Curry ~ £15 or £12.50

Served with basmati rice, naan bread & mango chutney.
gluten free options available

Beef Chilli Con Carne £15.75

Served with rice, nachos & sour cream
gluten free option available

Steak & Ale Pie ~ £16.95 or £13.75

Topped with shortcrust pastry and served with a choice, steak chips, new potatoes or creamy mash potato mushy peas, garden peas or vegetables

BURGERS

Build Your Own Burger ~ £16.50 *gluten free available*

6oz steak burger served with steak chips, dressed salad & coleslaw

Choose 2 toppings:

Monterey Jack Cheese, Stilton, Brie, Bacon, Caramelized Onion, mushrooms, onion rings or fried egg

Add Extra Burger ~ £6 Add Extra Topping ~ £1 each

Char-grilled Chicken Breast ~ £17 *gluten free available*

Topped with bacon & Monterey Jack cheese served in a soft bun with lettuce & mayonnaise steak chips, dressed mixed salad & coleslaw

Vegetable Burger £15.25

Served with lettuce & vegan mayonnaise steak chips & mixed salad

Suitable for vegans, gluten free option available

FROM THE GRILL

8oz Rump Steak ~ £21.95

12oz Rump Steak ~ £25.00

served with grilled tomato, sautéed mushroom, steak chips & garden peas
gluten free

Add a sauce for £3.75

Creamy Peppercorn *gluten free*

Creamy Stilton *gluten free*

8oz Gammon with Pineapple or Fried Egg ~ £16.95

served with steak chips & garden peas
gluten free

Butterflied Cajun Chicken Breast £16

Served with steak chips, garden peas & sweet chilli dip
gluten free

FROM THE SEA

Beer Battered Fish Of The Day ~ £15.96 or £12.50

Fresh fish from local fishmonger
Served with steak chips, mushy peas or garden peas

Breaded Wholetail Scampi ~ £15.25 or £12.75

Served with steak chips and garden peas

Homemade Fish Pie ~ £17.95 or £13.95

A mix of cod, smoked haddock, salmon and prawns topped with mash potato & grated cheese. With a choice of garden peas, salad or vegetables

Seafood Pancakes ~ £18.25

Our fish mix wrapped in a pancake, topped with cream and cheese and baked in the oven. Served with chips and salad

SIDE ORDERS ~

Garlic Bread ~ £3.95

Cheesy Garlic Bread ~£ 4.50

Side Salad £3.75

Chips ~ £4.25

Cheesy Chips ~ £4.75

Olives ~ £3.75

Onion Rings ~ £3.95

Halloumi Fries ~ £4.95

Mixed Veg ~ £4.95

VEGETARIAN

Roast Vegetable Lasagne ~ £13.50 or £11.50

A medley of roasted vegetables in a tomato sauce and topped with cheese, served with garlic bread and dressed mixed salad.

Keralan Cauliflower & Red Pepper Curry ~ £13.50

served with basmati rice & poppadum
suitable for vegans & gluten free

Mediterranean vegetable tart ~ £16.50

Served with a dressed salad, new potatoes and coleslaw

Smokey 3 Bean Chilli ~ £13.50

Served with rice & nachos
Suitable for vegans, gluten free

SALADS

Seared Steak, Mushroom and Bacon ~ £19 or £13.95

served with a blue cheese dressing.

Chicken Fajita Style ~ £15.50

Strips of chicken breast, peppers and onions with fajita seasoning

Goats Cheese, Beetroot & Walnut Salad ~ £13.50 or £11.50 g/f

dressed with a balsamic glaze

Fish Platter ~ £21.95

smoked Salmon, prawns in marie rose, sweet chilli squid, whitebait, smoked mackerel & crevette prawns, with warm baguette and salad garnish

Vegetarian Platter ~ £15.50

falafel bites, sweetcorn fritters, hummus, olives, sundried tomatoes, hallumi fries, with warm baguette & salad garnish

Traditional West Country Ploughman's ~ £15.50

A choice of Gala Pie, Cheddar, Stilton, Hand carved Ham or Brie

all served with a dressed salad, pickled onions, scotch egg, apple and onion chutney.
with a warm baguette

BAGUETTES £9.95

Cheddar Cheese with Tomato or Chutney

Tuna & Mayonnaise

Hand Cut Ham & Red Onion Chutney

Bacon with Brie or Cheddar

Prawn with Marie Rose Sauce

Chicken Goujons, Lettuce & Mayonnaise

**Served with your choice of white or granary baguette.
With mixed dressed salad & coleslaw**

JACKET POTATOES £10.95

Cheese & Baked Beans

Cheese & Homemade Coleslaw

Bacon & Brie or Cheddar

Tuna & Mayonnaise

Prawn with Marie Rose Sauce

Beef Chilli Con Carne

3 Bean Chilli

Served with dressed mixed salad & coleslaw

DESSERTS

Please see specials board for other desserts

Belgian Waffle £7.25

Warm waffle served with vanilla ice cream & homemade warm chocolate sauce

Banana Split £5.50

Served with vanilla ice cream, chocolate & strawberry sauce,
clotted cream & wafers
gluten free & vegan options available

Devonshire Ice Cream

Flavours available

Clotted Cream Vanilla

Vegan Vanilla

Chunky Chocolate

Strawberries & Cream

Honeycomb Delight

Lemon Sorbet

Blood Orange Sorbet

1 Scoop £3.95

2 Scoop £4.95

3 Scoop £5.95

Two Mile Oak Cheese Board £9.25

Cheddar Cheese, Stilton & Brie

Served with caramelised onion chutney, grapes
biscuit selection and butter